

Sage

CLASSIC BREAKFAST

BREAKFAST

7am-11.30am

Toast w preserves: turkish, sourdough, rye, banana, multigrain, english muffin..... \$7.90
Gluten free.....\$1.00

EGGS

Two eggs w grilled tomato, & turkish toast.....\$9.90

Chilli & chive scrambled eggs w toasted rye.\$12.90

Breakfast burger w bacon, cheese, egg & BBQ.....\$12.90

Smash avocado w poached eggs, feta cheese, lemon zest on rye toast.....\$14.90

Eggs benedict: 2 poached eggs, wilted spinach, hollandaise sauce on toasted english muffin.....\$14.90

HCT omelette: ham, cheese, tomato omelette w toasted turkish.....\$16.90

Vegetarian omelette: mushroom, spinach, feta omelette w toasted turkish.....\$16.90

Sage big breakfast: eggs, bacon, sausages, grilled tomato, mushroom, hashbrowns & toasted turkish.....\$19.90

SAGE FAVOURITES

Twisted spanish: diced chorizo, potatoes, onion & tomato topped w 2 fried eggs.....\$14.90

Savoury mince: mildly spicy beef, corn, beans, poached eggs, cheese on toasted turkish.....\$14.90

Halloumi stack: scrambled eggs, grilled halloumi, tomato, avocado, hollandaise, pesto on toasted turkish.....\$16.90

Avocado salsa bruschetta: avocado, tomato, onion, coriander, lime salsa, poached eggs, balsamic on english muffin.....\$16.90

Breakfast bowl: quinoa, spinach, pomegranate, avocado, nuts, mint, grapes.....\$16.90

Lamb cutlets: 2 lamb cutlets, scrambled eggs, sausages, mushroom w toasted turkish.....\$17.90

SOMETHING SWEET

Muesli w fresh fruits, mix nuts, natural yoghurt..... \$12.90

Pancakes w banana, fresh berries, maple syrup & vanilla ice cream.....\$13.90

Fruit crumble: seasonal fruit salad, nut crumble, honey, natural yoghurt.....\$14.90

Acai berry bowl w fresh fruits & nuts.....\$16.90

SIDES

Hollandaise.....\$2.90 Egg (1).....\$2.90

Grilled tomato.....\$2.90 Ham.....\$3.90

Mushroom.....\$3.90 2 Bacon.....\$4.90

Avocado.....\$3.90 2 Sausages.....\$5.90

Spinach.....\$3.90 Smoked salmon.....\$5.90

2 Hash brown.....\$3.90 Chorizo.....\$5.90

Halloumi.....\$4.90 2 Lamb cutlets.....\$7.90

Sage

DRINKS

HOT

Coffee\$3.90	Extras
Flat white	Mug.....50c
Latte	Decaf.....60c
Cappuccino	Almond.....\$1
Piccolo	Bonsoy.....\$1
Macchiato	Lactose free.....\$1
Short black	Coffee syrup.....60c

Hot chocolate.....\$4.80
Mocha
Vienna
Mermaid latte

Tea\$4.50
English breakfast, Earl grey, Chai, Peppermint, Chamomile, Green

MILKSHAKES

Chocolate, Banana, Strawberry, Caramel, Vanilla, Mocha.....	\$6.50
Extra thick.....	\$1.00

BOTTLE JUICE

Orange, Apple, Pineapple, Tomato.....	\$4.90
Mango, Cranberry.....	\$5.50

FRESHLY SQUEEZED JUICE

Orange juice

The Cure: apple, pineapple, orange, watermelon

Cleanser: carrot, apple, ginger, celery

Tropical: apple, pineapple, orange, passionfruit

Morning Glory: apple, lime, mint, cucumber, ginger

Pink Lady: apple, watermelon, strawberry, lime

\$7.70

CLASSIC SMOOTHIE

W your choice of milk & ice cream or coconut water

Mango, Strawberry, Banana, Mix berries.....\$7.90

FANCY SMOOTHIES

Espresso: banana, milk, coffee, ice cream, honey

Nutty: banana, cocoa, milk, peanut butter

Almond, soy or lactose free milk \$1

Green: spinach, banana, mango, lime, mint,
coconut water

Summer: watermelon, banana, strawberry,
mango, basil, coconut water

\$8.50

Add protein powder to any smoothie.....\$1.50

ICED DRINK

Iced latte.....\$5.50

Iced long black.....\$5.50

With cream and ice cream

Iced chocolate, Iced coffee, Iced mocha\$7.50

Nutella bomb: iced nutella w biscuit.....\$9.50